



Riverside College

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12 August 2022

Dear Parents

Four Lessons from the Philosophy of Stoicism:

Live Every Day As If It Were Your Last

Death doesn't make life pointless, death makes life worth living. The world keeps spinning when you're gone and so many of us live life with an attitude which represents the arrogant thought that we are destined to live forever.

Your life is in an hour glass and the hole which that sand is pouring through could widen or break at any moment.

Failure Is Natural, Regret Is Foolish

Everything, no matter whether it is good or bad is an opportunity to practice virtue.

Don't be surprised by failure, expect it, in fact, embrace it and seek after obstacles in your life which seem uncomfortable.

It is here where your character will be tested and most importantly molded and developed.

The moment you start to regret something in the past you're fundamentally acting against something which is out of your control thus there's no practical reward from doing so, only frustration and anger.

We should learn from the past and our failures, but to regret, to ponder and to revisit our previous attempts and then look at present with disdain is a crime to your character.

Focus On The Small Things

One must never underestimate the small things in life, because who's to say that the small things don't define the larger, more important parts of life? They do. Everything is worth paying attention to for all experiences and outcomes in life are interlinked in the rational system we call the universe.

It's easy to look at other people's successes and pin them down to luck or good fortunate when in reality it was the small "insignificant" things done consistently which defined their successes.

Don't place your satisfaction on big goals and dreams; place your satisfaction on small wins.

Throw Away Vanity

When you wish to pursue philosophy and therefore any subject of interest to you, you must throw away conceit and excessive pride before you begin.

Be willing to learn, be willing to listen, be willing to leave your ego aside to learn, evolve and develop through the wisdom of others and through embracing the joy of ignorance.

As the Socratic paradox goes: "I know that I know nothing"

S.Jonker

NETBALL

Netball on 15th August will be moved to the 22nd of August at Montague Arena. The friendly game will start at 18:00. The fee per game is R60 per player. Learners must be at the arena 30 minutes before the game.

MERIT WINNERS TERM 1&2

Congratulations to Kaitlin Merritt in Grade 11 for the most merits overall. The class winners are the GRADE 8! Well done to all the learners.

Newsletter #25 12 August 2022 SNRS

CONQUESTA:

For those learners who registered, Conquesta will be written on the dates listed below.

English – 15 August 2022

Afrikaans – 16 August 2022

Mathematics – 17 August 2022

INSPECTION:

Please ensure that your child is dressed in full winter attire, in line with the code of conduct. Inspections are done daily to ensure that the learners are always neat and tidy, this also includes the sport uniform.

TEDDY BEAR DRIVE FOR RED CROSS HOSPITAL

We will be collecting new teddy bears (small to medium) to donate to the Children's Hospital Trust at the Red Cross Hospital. A date will be set when learners can start bringing their donated teddy bears to school.

CAMP:

The camp dates will change to September 5 – 7, 2022 due to the Department of Education's finalized schedule. The location is unchanged.

UNIFORM SALES / CLOTHING BANK:

As parents are aware, uniform sales are done from the school office and it is not the best arrangement. It is for this reason that we are setting up a clothing bank where parents can buy uniform at dedicated times in a space separate from the office.

Please note that the new times to purchase uniform are as follows:

Mondays: 7:15am – 8am & 2pm – 4pm

Tuesday: 2pm – 4pm only

Wednesdays: 2pm – 4pm only

(NO uniform sales on Thursdays or Fridays)

Important Dates:

15 – 18 August – Job shadowing Grade 10&11

19 August – World Photo Day

20 August – Open day

3 September - Riverside Road Runners and Market Day

5 – 7 September 2022 – Camp for grade 7-11

5 September 2022 – Final LO Exam Grade 12

6 September 2022 – CAT Practical Paper Grade 12

12-26 September 2022 – Test Series and Pre-lims

Grade 12 fundraising events

The grade 12 class will be having fundraising events on the following days. Please allow your child to participate and contribute towards their fundraising campaign. The funds raised will be used towards their Matric farewell. The cost per event will be R10 per learner payable before the event.

Funky hair day 26 August 2022

Message from the Principal Carlien Ellis:

I hope that you all had a good long weekend. We are so fortunate to have had an extra day off to relax and rejuvenate ourselves after a busy start to this term.

How was your Women's Day? Many men will argue it's women's day every day! However, here's why we celebrate Women's Day and why it matters:

On 9 August 1956, about 20 000 women marched to the Union Buildings in Pretoria to protest against legislation aimed at tightening the apartheid government's control over the movement of black women in urban areas. This public holiday serves as a reminder of the crucial role that women play in our country and society as a whole.

That is why women are so important! We're (in most instances) the backbone of the family. We are the nurturer, the one who wipes away the tears and always protects her family. You can never replace the women in your family, the ultimate caregivers.

Consider for a moment how much your mom matters to you. She is the most important person in your life. That is why I want to celebrate women not just on a memorable public holiday but every day!

A woman's role has changed over generations and looks different in different parts of the world. No longer is a woman's place purely to bear children, raise them, and manage the household. As time has progressed, more women have become highly educated, they maintain powerful positions in the workplace and should be granted equal opportunities. I certainly don't subscribe to any radical feminist beliefs, but it is time for women to be recognised for their ongoing contributions to society.

For me, being a woman in today's modern world means living in alignment with my values and feeling empowered to create and drive positive change. We are at a pivotal time in history as women finally have a voice and are allowed their own form of creative expression.

Khaled Hosseini, author of "A Thousand Splendid Suns" wrote the following:

"A woman who will be like a rock in a riverbed, enduring without complaint, her grace not sullied but shaped by the turbulence that washes over her."

School Schedule:

Monday	15/08	Day 1
Tuesday	16/08	Day 2
Wednesday	17/08	Day 3
Thursday	18/08	Day 4
Friday	19/08	Day 5

Have a lovely long weekend!

High School Staff